



Smithsonian Institution

National Museum of African American History and Culture

National Baptist Metoka and Galeda Bible Class Magazine, September 1917

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If you are a live, wide-awake man we want you to get one of our elegant Fall Suits, made to your measure, absolutely FREE. All we ask you to do is to wear it, show it to your friends, and take a few orders for our High-Grade, Made-to-Measure Clothes.

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This Suit Made to YOUR Measure

[[image - drawing of dapper man in pin-stripe suit and hat]]
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You Can Tell The People Who Have Iron in Their Blood - - Strong, Healthy, Vigorous Folks

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Doctor Says Ordinary Nuxated Iron Will Make Nervous Rundown People 100 Per Cent Strong r in Two Weeks' Time in Many Cases.

NEW YORK, N. Y., - "One glance is enough to tell which people have iron in their blood," said Dr. E. Sauer, a physician who has studied widely both in this country and in Great European Medical institutions, in a recent discourse. They are the ones that do and dare. The others are in the weakling class. Sleepless nights spent worrying over supposed ailments, constant dosing with habit forming drugs and narcotics for nervous weakness, stomach, liver or kidney disease and useless attempts to brace up with strong coffee or other stimulants are what keep them suffering and vainly longing to be strong. Their real trouble is lack of iron in the blood. Without iron the blood has no power to change food into living tissue and therefore, nothing you eat does you any good; you don't get the strenth out of it. The moment iron is supplied the multitude of dangerous symptoms disappear. I have seen dozens of nervous, rundown people who were ailing all the time, double and even triple their strength and endurance and entirely get rid of every sign of dyspepsia, liver and other troubles in fr m ten to fourteen days' time



simply by taking iron in
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[[right column]] the proper form. And this, after they had in some cases been doctoring for months without any benefit. If you are not strong or, well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. There is nothing like good old iron to put color in your cheeks and sound, healthy flesh on your bones. But you must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless.

NOTE - Nuxated Iron recommended above by Dr. E. Sauer, is one of the newer organic iron compounds. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy, in nearly all forms of indigestion, as well as for nervous run-down conditions. The Manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 100 per cent or over in four weeks' time provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by all druggists.
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[[image - drawing of woman's head and décolletage]]

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