



Smithsonian Institution

Archives Center - NMAH

Loose Notes Kept by Charles Francis Hall on other Arctic Explorers

Extracted on Jan-30-2023 04:00:57

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[[Table format with two columns]]

Daily allowance of each person | Total quan for 50 days 11 person for 50 days

1 lb pemmican --- | 550
 4 oz. hash when boiled & burn??? | 137 1/2
 12 oz. biscuit | 418 1/2
 1/4 oz. tea | 8 1/2
 1/2 oz. Sugar | 17
 1 oz. pounded biscuit | 34 1/2
 1/4 pint of rum its equivalent of concentrated rum | 115
 Weekly 3 ozs of tobacco | 15

For the party of 11
 2 lbs fuel (spirits of ???) or better | 110
 Salt 4 lbs pepper 2 lbs. | 6
 Lemon-juice & sugar 15 lbs
 allowance for ??? | 85

weight of provisions - 1487 lbs
 ""[[ditto for: weight of]] equipment 590

 Total weight equip complete 2077
 Bring 207 3/4 lbs per men

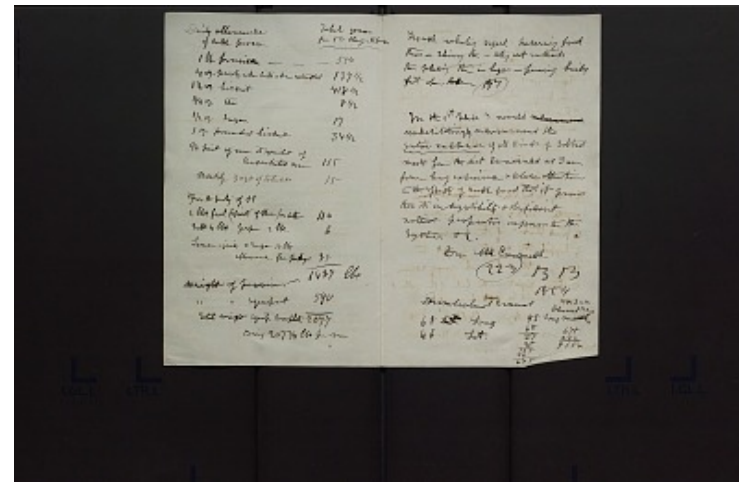
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French whaling vessel preserving food
 thus - skinning them - taking out entrails then placing them in bags -
 pouring boiling fat upon them 197 197

In the 1st place I would ~~recommend~~ ~~entire exclusion~~
 unhesitatingly recommend the entire exclusion
 of all kinds of salted meats from the list convinced as I am from long
 experience & close attention to the effects of such food that it proves
 thru its indigestibility & deficient nutrient properties injurious to the
 system etc.
 For the Cormanth 223 13 13 1854

Pemberland Sound
 68 ~~Lat.~~ Long
 66 Lat.
 KW L & B
 Phomel B & "
 Long middle "

95
 68
 --
 27
 25
 --
 135
 54
 --
 675



678
240
--
9152

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