

# Birney School Life Newsletter, May 1952

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#### A Good Breakfast

The pupils in the first grade are talking about their breakfast. They enjoyed discovering the food that makes a good breakfast. Here are a few poems that the pupils composed.

HURRY! HURRY! When I wake up in the morning I am hungry as can be I hurry to the table And see what foods for me. Linda Mingo Age 6

A GOOD BREAKFAST
I have a good breakfast every morn
Of ceral, fruit, and milk
And it makes me get up at dawn
And I feel as fine as silk.
Jacqueline Cowan
Age 6

MILK I drink my milk every morning, And I like it. It makes me healthy and strong And I like it. Frieda Alston Age 6

CEREAL
I eat my cereal every morning
To be very strong and healthy.
To eat cereal every morning
You don't have to be wealthy.
Sharon Foster
Age 7

BREAD Oh dear, oh dear We have no bread We go everywhere But we can't find bread Ednor Green Age 7

FRUIT
I eat my fruit every morning
It makes me work and play.
I eat my fruit every evening
It makes me healthy and gay.
Philip Floyd
Age 6
A.C. Robinson, Teacher

Clean Hands Hurray for James! He always has clean hands.

### A Good Breakfast 6 Becore handing food James bands were swooth and sail, too. He The papit is the first grade are tailing about the first grade are tailing about the first breakfast. They suppose discovering the tool that make of the first period a low low power at the trapeting. Here are a low power that the papits composed. It can be too keep our hands clean by weathing these at the important times as James does. Except heldingry HURRY: HURRY! When I make up in the reUnited I make up in the reI out brought as can be I harmy to the table And see what foods for me. Linda Mingo Age 6 S. E. While, Teacher Milk Drink plenty of milk, And you can't go wrong, Milk makes muscles big and strong, And you'll feel good all day long. Benold Davis Apr 6 C. bittchell, Teacher I have a good breakhast every marn Of neral fruit, and milk And it makes me get up at dawn And I feel as the as sik. Jacquellas Couss Age 6 Clean Teeth I brush my teeth every day. Because that is the thing to de. But I like to clean my teeth. Row about you? MILK I drink my milk enery merning, And I like it. It makes me healthy and strong Arel I like it. Poury Charity Age 8 A. Roberto, Teacher Milk CERTIFICAL 1 not may cornel every morning To be very shound and healthy. To not cornel every manning The dorn't have to be wealthy. Shapes Milk is very good to drink, I drink it rearring, nosu and night It makes my borth grow healthly And my boxes grow just right. Jacqueline Patterson Aps 6 C. MECREL, Teacher BREAD Our "Ready for School" Club Oh dear, sh dese We have no bread We go everywhere Our Registy for School Club. The buys and gith in ser room have learned many wors of helping our parents. Our "Bendy for School Club" has opposible helped us in form good health habits or home and at school. Energous must be a gold mar member, by toeging the rules. First we learn have easy it is to keep ourselves attractive. Meet of the fulness are done at home. We learn how to work, sew, and press same of our clothes. Where there are bottlers and sixtees, the buys can point the above, while the girls wach any reference and same reference and same reference and same reference and same reference. But we can't find bread Edaor Orem Age T PRUIT I est my fruit every morning It makes me work and play. I cut my fruit every evening It makes me healthy and gap. Fairs Floor and ribbons and some underwear. We look a name underweet which the wearing play clother at home. We bothe everyday and are fer our teeth, fragarnals and hair. How good yes feel and how well you look when you do these Age 6 A. C. Bobinson, Teacher A. C. Robbinson. reaction Clean Hands Thermor for James like always has clean hands. I asked him how to did it. He said, "the local, we have core people observed, restricted him how to did it. He said, "the local, the restricted him how to did it. He said, and a short presented to said there as it important times." What we important invest" I saided him. The large clean is the I wash any hands are. Therefore there I wash any hands are. It is fast to local well, they be preparate event, again to the said and there wash of the local times. It is fast to local well, they well, and well as the local times and of school. After point to the tollet After seeing a sick friend After playing with pets Betore eating Puptle of 5B H. B. Jackson, Twanter PAGE 6

I asked him how he did it. He said, "It is easy. I use plenty of warm water and soap and I always remember to wash them at important times." "What are important times?" I asked him. The important times I wash my hands are:

- 1. After going to the toilet
- 2. After seeing a sick friend
- 3. After playing with pets
- 4. Before eating
- 5. Before handling dishes
- 6. Before handling food

James hands were smooth and soft, too. He told me he dried them well after each washing to keep them from chapping. It is our job to keep our hands clean by washing them at the important times as James does. Ellsworth McKinney S.E. White, Teacher

#### Milk

Drink plenty of milk, And you can't go wrong, Milk makes muscles big and strong, And you'll feel good all day long. Ronald Davis Age 6 C. Mitchell, Teacher

Clean Teeth
I brush my teeth every day.
Because that is the thing to do.
But I like to clean my teeth.
How about you?
Peggy Charity
Age 8
A. Roberts, Teacher

#### Milk

Milk is very good to drink, I drink it morning, noon and night It makes my teeth grown healthily And my bones grown just right. Jacqueline Patterson Age 6 C. Mitchell, Teacher

Our "Ready for School" Club
The boys and girls in our room have learned
many ways of helping our parents. Our "Ready for
School Club" has especially helped us to form good
health habits at home and at school. Everyone
can be a gold star member, by keeping the rules.
First we learn how easy it is to keep ourselves
attractive. Most of the things are done at home.
We learn how to wash, sew, and press some of
our clothes. Where there are brothers and sisters,

the boys can polish the shoes, while the girls wash sox, ribbons and some underwear.

We keep our school clothes fresh my wearing play clothes at home. We bathe everyday and care for our teeth, fingernails and hair. How good you feel and how well you look when you do these things.

Second, we have our pencils sharpened, notebooks and other materials ready by nine o'clock. If we are tardy it is checked against us.

Third, we check on the kind of food we eat.

We must have a nutritious breakfast everyday.

Many of us can help at home by preparing cereal, eggs or toast.

It is fun to look well, feel well, play well, and work well, at home and at school.

Pupils of 5B

H.B. Jackson, Teacher

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